

# Outpatient Therapies

**15** Therapists on Staff

**8** Support Staff

**4** Therapists with a Special Focus on Treatment of Neurological Conditions

**2** Office Locations

The Richard I. Slusky Outpatient Therapies Department and Woodstock Physical Therapy at the Ottauquechee Health Center

**1** Double-board Certified Neurologist

**1** Board Certified Physiatrist

**1** Therapeutic Recreation Therapist

- The warm water therapeutic pool is the only rehabilitation pool of its kind in Vermont.
- Bioness Vector Gait and Safety System.
- LSVT BIG program for patients with Parkinson's disease. An individually customized therapy program that provides quality gross motor movement exercises.
- Specialized treatments are available to patients, such as dry needling, postural restoration, myofascial release, lymphedema care and aquatic therapy.
- Our specialists perform pain relief joint injections, skin biopsies, Botox for migraines, and diagnostic testing such as EMG/nerve conduction studies and EEG's.
- A cardiac rehabilitation program certified by American Association of Cardiovascular and Pulmonary Rehabilitation (AACVPR).



MAHHC is the only CARF accredited facility in Vermont

## The Rehabilitation Center at Mt. Ascutney Hospital and Health Center

For more than 30 years, Mt. Ascutney Hospital and Health Center has been widely recognized and respected for its comprehensive and compassionate rehabilitative care. Our inpatient and outpatient Rehabilitation and Physical Medicine Programs are the first choice of hospitals and health care providers throughout Vermont and central New Hampshire for their patients who need intensive or ongoing rehabilitation care. One of only two major acute rehabilitation programs in Vermont, we continually strive to offer the most advanced facilities and patient-centered services.

# Outpatient Therapies Performance Statistics

July 1, 2023, through June 30, 2024

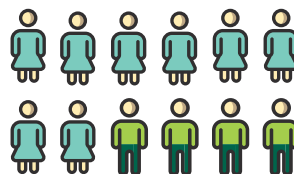
## DID YOU KNOW?

Outpatient Therapy consists of multiple specialities including:

- **Physical, Occupational and Speech therapy**
- **Cardiac and Pulmonary Rehab**
- **Physical Medicine and Neurology**
- **A therapeutic pool**
- **And more!**

## PATIENT GENDER

61.7% Female 38.3% Male



## APPOINTMENTS

Avg. Patient Visits per Treatment Course... **8.8**  
 No-show Rate..... **7%**  
 Total..... **8,209**



## DISCHARGE STATISTICS

Random sample of 113 respondents post discharge:



- 86.7%** reported condition was **better or improved** since starting therapy and after discharge.
- 13.3%** reported condition was **the same or had worsened** since starting therapy and after discharge.

“My therapists were both understanding and encouraging. They clearly enjoyed their jobs and it motivated me to enjoy therapy as well. They pushed me but also listened to my needs. Therapy was definitely both psychologically and physically good for me; I came out stronger and more aware of my diagnosis and encouraged to keep pushing forward.”

## PATIENT SATISFACTION

**96%**

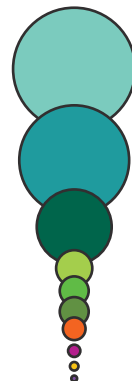
of patients would recommend our outpatient setting to others.

## PATIENT DENIALS

- <1%** of patients referred are not accepted due to diagnosis or specialty needs such as complex pediatric PT or other specialties.
- 205** patients considered “dropouts” or did not complete plan.
- 32** patients discharged due to medical status

## CONDITIONS TREATED

- Not Specified..... **37%**
- Musculoskeletal..... **34%**
- Orthopedic Conditions ..... **15.5%**
- Arthritic ..... **4%**
- Neurological ..... **3%**
- Other ..... **3%**
- Stroke ..... **2.5%**
- TBI..... **.5%**
- Cong/Dev ..... **.2%**
- Cardiac Disorders..... **.1%**



“I would never go anywhere else for therapy. I cannot believe the grace of everyone at the facility and how truly wonderful they have been.”



## INSURANCE NUMBERS

- Medicare ..... **42%**
- Commercial..... **27%**
- Medicare Advantage..... **18.5%**
- Medicaid ..... **8.5%**
- Worker's Comp..... **2%**
- VA (Optum) ..... **2%**
- Self-pay..... **.01%**

Your rehabilitation and recovery will require hard work, persistence, and patience. At Mt. Ascutney Hospital and Health Center, we're committed to helping you reach your highest level of recovery. We offer the latest technologies and services to meet your needs and your own personalized team of skilled specialists from diverse disciplines to support and encourage you at every stage along the way.

**Hours:** Windsor: Monday through Friday, 7:30 am to 5 pm | OHC: Monday through Thursday, 7:30 am to 5 pm

Mt. Ascutney Hospital and Health Center | 289 County Road, Windsor, VT | 802-674-7100 | [mtascutneyhospital.org](http://mtascutneyhospital.org)